

## Landesrekorde Altersklasse IV

### **KNIEBEUGEN**

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- 52,0 kg				
- 56,0 kg				
- 60,0 kg				
- 67,5 kg				
- 75,0 kg	Meyerhofer Gerd	70,0 kg	23.02.2008	Landesturnier KDK
- 82,5 kg	Tschierschky Günter	185,0 kg	22.01.2005	BL KDK 1.Rd.
- 90,0 kg				
- 100,0 kg				
- 110,0 kg				
- 125,0 kg				
+ 125,0 kg				

### **BANKDRÜCKEN**

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- 52,0 kg				
- 56,0 kg				
- 60,0 kg				
- 67,5 kg				
- 75,0 kg	Meyerhofer Gerd	65,0 kg	23.02.2008	Landesturnier KDK
- 82,5 kg	Tschierschky Günter	125,0 kg	19.02.2005	BL KDK 2.Rd.
- 90,0 kg				
- 100,0 kg				
- 110,0 kg				
- 125,0 kg				
+ 125,0 kg				

### **KREUZHEBEN**

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- 52,0 kg				
- 56,0 kg				
- 60,0 kg				
- 67,5 kg				
- 75,0 kg	Meyerhofer Gerd	120,0 kg	23.02.2008	Landesturnier KDK
- 82,5 kg	Tschierschky Günter	210,0 kg	22.01.2005	BL KDK 1.Rd.
- 90,0 kg				
- 100,0 kg				
- 110,0 kg				
- 125,0 kg				
+ 125,0 kg				

### **TOTAL**

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- 52,0 kg				
- 56,0 kg				
- 60,0 kg				
- 67,5 kg				
- 75,0 kg	Meyerhofer Gerd	255,0 kg	23.02.2008	Landesturnier KDK
- 82,5 kg	Tschierschky Günter	515,0 kg	19.02.2005	BL KDK 2.Rd.
- 90,0 kg				
- 100,0 kg				
- 110,0 kg				
- 125,0 kg				
+ 125,0 kg				